

CULTIVATED:

Apple – in moderatio
 Banana – including skin
 Beetroot (raw) - quartered
 Broccoli - leaves and stems
 Cabbage - all kinds, dark green leaves preferred
 Cauliflower - leaves and stems
 Carrot
 Celeriac
 Celery
 Chicory
 Corn on the cob – silk, leaves, corn and all.
 Cucumber
 Dill
 Fennel
 Kale
 Lettuce - a little occasionally only - contains Laudanum
 Mangold
 Melon rind
 Parsley
 Parsnips - will eat a little
 Pea pods
 Pear – though not popular
 Runner beans – and leaves
 Spinach - a little only - very high in Oxalic acid
 Spring greens
 Strawberry leaves
 Swedes
 Tomatoes – some guinea pigs will eat these

POISONOUS PLANTS:

Bracken
 Bryony
 Bulbs - any plant growing from a bulb – Daffodils, Crocus etc.
 Buttercup
 Clematis
 Convolvulus - any of the bindweeds
 Dock when seeding
 Elder
 Foxglove
 Iris/Flag
 Laburnum
 Lily of the valley
 Lupins
 Mares tails
 Poppies
 Potato leaves
 Privet
 Ragwort
 Rhododendron
 Rhubarb leaves
 Scarlet pimpernel
 Speedwell
 Spurge

WILD:

Bramble - young leaves only, remove thorns
 Chickweed - has white flowers – don't confuse it with Scarlet Pimpernel which is poisonous
 Cleavers - Goosegrass
 Clover
 Coltsfoot
 Dandelion
 Dock - young leaves only, not after it goes to seed
 Grass – all time favourite!
 Ground Elder - as for Dock, young leaves in Spring only
 Groundsel - if rust and fungus free
 Mallow
 Plantain
 Shepherd's purse
 Sow thistle or Milk thistle
 Vetch
 Watercress - a little only be aware of liver flukes if picked from streams
 Yarrow

SAFE GARDEN FLOWERS:

Asters
 Cornflowers
 Golden rod
 Marigolds - calendula
 Nasturtiums
 Phlox
 Sunflowers
 Sweet peas
 Wallflowers